

## SeHCAT SCAN

Your doctor has asked us to carry out SeHCAT Scan on you.

### Appointment details

**Patient name:**

**Date of appointment:**

**Time of appointment:**

**Scan Time 1:**

**Scan Time 2:**

Every effort will be made to keep to this time, but due to the nature of the investigations, delay can occur for which we apologise in advance.

If you are unable to keep your appointment, please inform us at least 4 days in advance of your scan, due to the high cost of the non-returnable Radio-isotope used during this scan there will be a cancellation cost of £300 if cancelled with less notice.

Please telephone 01483 442696, so an alternative appointment can be arranged for you.

### What does the SeHCAT scan involve?

On the first day of the scan you will swallow a capsule of SeHCAT with water, 1 hour later you will have a scan of your abdomen which will take approximately 15 minutes. The scan will be repeated the following week and will again last 15 minutes

### Preparation required for the SeHCAT Scan

Please let us know if you are taking any medication. Certain drugs may need to be stopped.

On the day of the first scan, you may have a light breakfast/food before 8:00am and then no more food, if thirsty sips of water are allowed. Once you have swallowed the capsule you should avoid opening your bowels until after the 1 hour image, but you may empty your bladder as required. Also do not eat food until after the 1 hour images and if thirsty you may have sips of water.

There are no restrictions for the second scan regarding food or drink or habits. However, if you have found it necessary to use medication during the week between the 2 scans, please tell the Nuclear Medicine Technologist.

### Can I bring somebody with me?

It is very important that you do not bring children or pregnant friends with you because the scan uses radiation and children and pregnant women are particularly susceptible to radiation.

## Special Warnings

You may feel some discomfort from the pinprick of the injection. Side effects from the injection are extremely rare.

A very small amount of radioactivity is injected into your body. The risk this involves is very small and your physician will not consider carrying out the investigation unless he believes that the risk is outweighed by the potential benefit of the study.

Further guidance has been published by Public Health England.

Visit website- <https://www.gov.uk/government/publications/ionising-radiation-from-medical-imaging-examinations-safety-advice>

## Do I need to do anything after the scan?

If you are having surgery in the afternoon of the day of the scan, please follow the advised fasting instructions. If your surgery is the day after the scan, you may eat, drink and take your medication as normal.

**Also, it is advised that for 12 hours following the radiopharmaceutical injection, you should avoid prolonged close contact with pregnant women, babies and children.**

Further information is available should you require it.

## Information for ladies

If you are pregnant or think you might be pregnant, we need to know before the injection of radioactivity.

In addition, if you are currently breastfeeding, again please inform the staff, as for certain procedures you may have to discontinue breast feeding for a certain period.

For further information please contact us in the Molecular Imaging unit on 01483 442696